

## An Introduction

Over the last few years Scottish Attachment in Action has been working with a range of partners and critical friends across Scotland to understand the importance of attachment and trauma informed practice within Education, through research we developed a greater understanding key issues which young people face within Education and how we might work to help these issues resolve. This enabled us to develop a document which we called Emerging Themes which were a list of issues everyone we spoke to brought up and it let us dig a bit deeper developing this report.

What does this mean for me? We're really keen to help get it right, we have gathered the research so we can use it as evidence going forward to base recommendations and work with places for instance Universities so that new teachers get more training on what it means to be care experienced and how they can help you in school, so you aren't overwhelmed or made to feel like you do not matter.

*'No research without action, no action without research'* - Kurt Lewin

### How does this link into the Promise?

The Promise: Scotland's ambition that children and young people grow up loved, safe, and respected

As we know the Promise is built on Five Foundations and there are a few which directly link into this report these are:

- Family, this is about where possible the family supporting the care experienced person through Education and being fully involved in decisions relating to Education.
- Scaffolding, this is about enabling teachers to do the little things which make a massive difference for example, not asking for homework and bringing a care experienced person down because they haven't produced any or understanding if the care experienced person falls asleep in class it isn't because they don't care it instead could be because they're so busy doing 1 million other things just to get to school to finally relax and get a break from the chaos.

We are working on the formal and informal exclusions of care experienced people, as the Promise said this must stop, we should not be punishing people by removing their education.

From listening directly to care experienced people we learned so much, we plan on building on this with our plans moving forward as we know have the evidence we need. If you would be interested in helping us or getting involved, please get in touch by emailing [Admin@saia.org.uk](mailto:Admin@saia.org.uk).

### At Scottish Attachment in Action...



You can read the full report [HERE](#).