

Why Attachment Matters

for Black, Asian and Minority Ethnic Families



You're Invited!

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**Scottish
Attachment
In Action**

Why Attachment Matters for Black, Asian and Minority Ethnic Families

“I have enjoyed the whole course. Safe, relaxed, enabling us each to tell our stories and reflect. More Black and Asian women should have access to this. I want to continue to be involved.”

Black, Asian and minority ethnic families and communities are too often on the edge of services that could offer support. When services are accessed there can be a lack of understanding of societal power and inequality leading to their voices not being heard and continued 'othering'.

Funded by The Robertson Trust for three years from 2022, Scottish Attachment in Action (SAIA) is embarking on co-creating with parents and community groups a series of workshops. *Co-creating just means that each workshop may differ depending on the needs and wants of the participants in each group.*

Workshops will explore:-

- To explore **Why Attachment Matters** and what would be supportive in your own lives, your families' lives and in your communities
- **What is attachment?**
- **What do attachment relationships mean to you?**
- **How are these relationships affected by societal power and inequality?**
- **How can services be influenced?**

The workshops will be led by Gillian Neish and Edwina Grant who you will get to know well. Both are also Trustees of SAIA.

"At the beginning we will introduce ourselves and tell you more about the background.

We'll invite you and the others taking part to introduce yourselves and, to make sure we create a safe space where we can have real conversations, we'll agree some ground rules for the way we are going to work together."



Gillian and Edwina

“What a wonderful journey and I don't want it to end. So accepting. I would like the course to have been longer. I have looked forward to it every week. I am usually the one giving support and it was just amazing to be offered support....”

Would you like to get involved?

Sessions are FREE to attend.

Join us in person

When: Saturday 22 April and Saturday 13 May 2023

Where: The Renfield Centre, Glasgow

Times: 10.00am - 3.30pm

(refreshments, lunch, child care costs, travel expenses and interpreters, if required, will be provided)

Join us online

When: Thursdays, 4, 11, 18, 25th May and 1, 8 June 2023

Where: On-line

Times: 6.00pm - 8.00pm

For more information and to book a place please contact please contact

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Funded by



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